




THE WEST BRIDGFORD SCHOOL MENU - WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday	Other
Chicken tikka masala/rice/ chapati/bhaji (Milk, Wheat) - £2.20 CHICKPEA & LENTIL masala/ rice/chapati/bhaji (Wheat, Milk) - £2.20 Daily Paninis - £2.20 TUGO STREET FOOD— FROM £2.20 Pasta bar - £2.00 Vegan rolls (Wheat, Sulphites) - £1.80 Jacket potatoes - £2.00-£2.30	Sausage , Carrots/ suede Mashed potato (gluten, wheat, sulphite soya Milk,-£2.20) QUORN SAUSAGE , carrot suede AND MASHED POTATO wheat milk)-£2.20 TGO STREET FOOD— FROM £2.20 Daily Paninis - £2.20 Pasta bar - £2.00 Vegan rolls (Wheat, Sulphites) - £1.80 Jacket potatoes - £2.00-£2.30	ROAST OF THE DAY, roast pota- to, carrots, broccoli , YORK- SHIRE PUDDING with gravy Wheat/gluten, eggs/milk -£2.20 Quorn Sausage, mashed pota- to , carrots/broccoli/served in a Yorkshire pudding with gravy- (WHEAT.GLUTEN,eggs,milk) £2.20 TUGO STREET FOOD— FROM £2.20 Daily Paninis - £2.20 Pasta bar - £2.00 Vegan rolls (Wheat, Sulphites) - £1.50 Jacket potatoes - £2.00.£2.30	JUMBO FISH FINGER, WITH MASH, PEAS, CABBAGE, PARSLEY SAUCE (Wheat, Mustard Milk, fish soya celery egg) - £2.20 FISHLESS VEGAN FINGERS, MASH, PEAS, CABBAGE, PARS- LEY SAUCE (egg, soya, wheat celery, milk mustard) £2.20 Daily Paninis - £2.20 TUGO STREET FOOD— FROM £2.20 Pasta bar - £2.00 Vegan rolls (Wheat, Sulphites) - £1.80 Jacket potatoes - £2.00-£2.30	Fish and Chips (Fish, Wheat) - £2.20 Quorn vegan dippers and chips (Wheat) - £2.20 chicken Burger - (Soya, Wheat) £2.20 Vegan rolls (Wheat, Sulphites) - £1.80 Daily Paninis - £2.20 Pasta bar - from £2.00 Jacket potatoes - £2.00-2.30	Freshly made sandwiches and salads are available (These include gluten free options)  <u>Prices</u> Salads - from £2.00 Sandwiches - £1.90-2.30 Wraps - £2.20 Baguettes - £2.20

Puddings

A selection of the puddings below will be available daily and will all be individually wrapped

Luxury cakes - £1.40

Warm Belgium waffles—£1.00

Fruit pots/yogurts—£1.20

