



THE WEST BRIDGFORD SCHOOL MENU - WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday	Other
<p>Beef rogan josh rice/chapati/ onion bhaji (Wheat, Mustard) - £2.20</p> <p>CHICKPEA, LENTIL ROGAN JOSH rice/chapati (Wheat, mustard) - £2.20</p> <p>Daily Paninis - £2.20 TUGO STREET FOOD— FROM £2.20</p> <p>Pasta bar - £2.00</p> <p>Vegan rolls (Wheat) - £1.80</p> <p>Jacket potatoes - £2.00-£2.30</p> <p>Salad bar—from £2.00</p>	<p><i>Sweet n sour chicken noodle stir fry</i> (Wheat,,celery, gluten) -£2.20</p> <p>Quorn nugget sweet n sour noodles (Wheat, celery, gluten) -£2.20</p> <p>Daily Paninis - £2.20</p> <p>TUGO STREET FOOD— FROM £2.20</p> <p>Pasta bar - £2.00</p> <p>Vegan rolls (Wheat, Sulphites) - £1.80</p> <p>Jacket potatoes - £2.00-£2.30</p> <p>Salad bar—from £2.00</p>	<p>Roast dinner of the day ,potatoes, carrots/broccoli/ gravy , yorkshire pudding (milk, egg wheat) - £2.20</p> <p><i>Quorn Sausage served with roast potato, carrots/broccoli/ gravy-(WHEAT.GLUTEN)</i> £2.20</p> <p>Daily Paninis - £2.20</p> <p>TUGO STREET FOOD— FROM £2.20</p> <p>Pasta bar - £2.00</p> <p>Vegan rolls (Wheat, Sulphites) - £1.80</p> <p>Jacket potatoes - £2.00.£2.30</p> <p>Salad bar—from £2.00</p>	<p>Beef Bolognese & pasta/ with garlic bread (Wheat,soya,milk)£2.20</p> <p>Quorn Bolognese & pasta with garlic bread (Wheat, soya milk) -£2.20</p> <p>Daily Paninis - £2.20</p> <p>TUGO STREET FOOD— FROM £2.20</p> <p>Pasta bar - £2.00</p> <p>Vegan rolls (Wheat, Sulphites) - £1.80</p> <p>Jacket potatoes - £2.00-£2.30</p> <p>Salad bar—from £2.00</p>	<p>Fish and Chips (Fish, Wheat) - £2.20</p> <p>Quorn dipper and chips (Wheat, Gluten) - £2.20</p> <p>Beef Burger - (Soya, Wheat) £2.80</p> <p>Daily Paninis - £2.20</p> <p>TUGO STREET FOOD— FROM £2.20</p> <p>Pasta bar - from£2.00</p> <p>Vegan rolls (Wheat, Sulphites) - £1.80</p> <p>Jacket potatoes - £2.00-2.30</p>	<p>Freshly made sandwiches and salads are available</p> <p>(These include gluten free options)</p>  <p>Salads - from £2.00</p> <p>Sandwiches - £1.90-2.30</p> <p>Wraps - £2.20</p> <p>Baguettes - £2.20</p>

Puddings

A selection of the puddings below will be available daily and will all be individually wrapped

Daily luxury cakes - £1.40

Waffles—£1.00

Fruit pots/yogurts—£1.20

