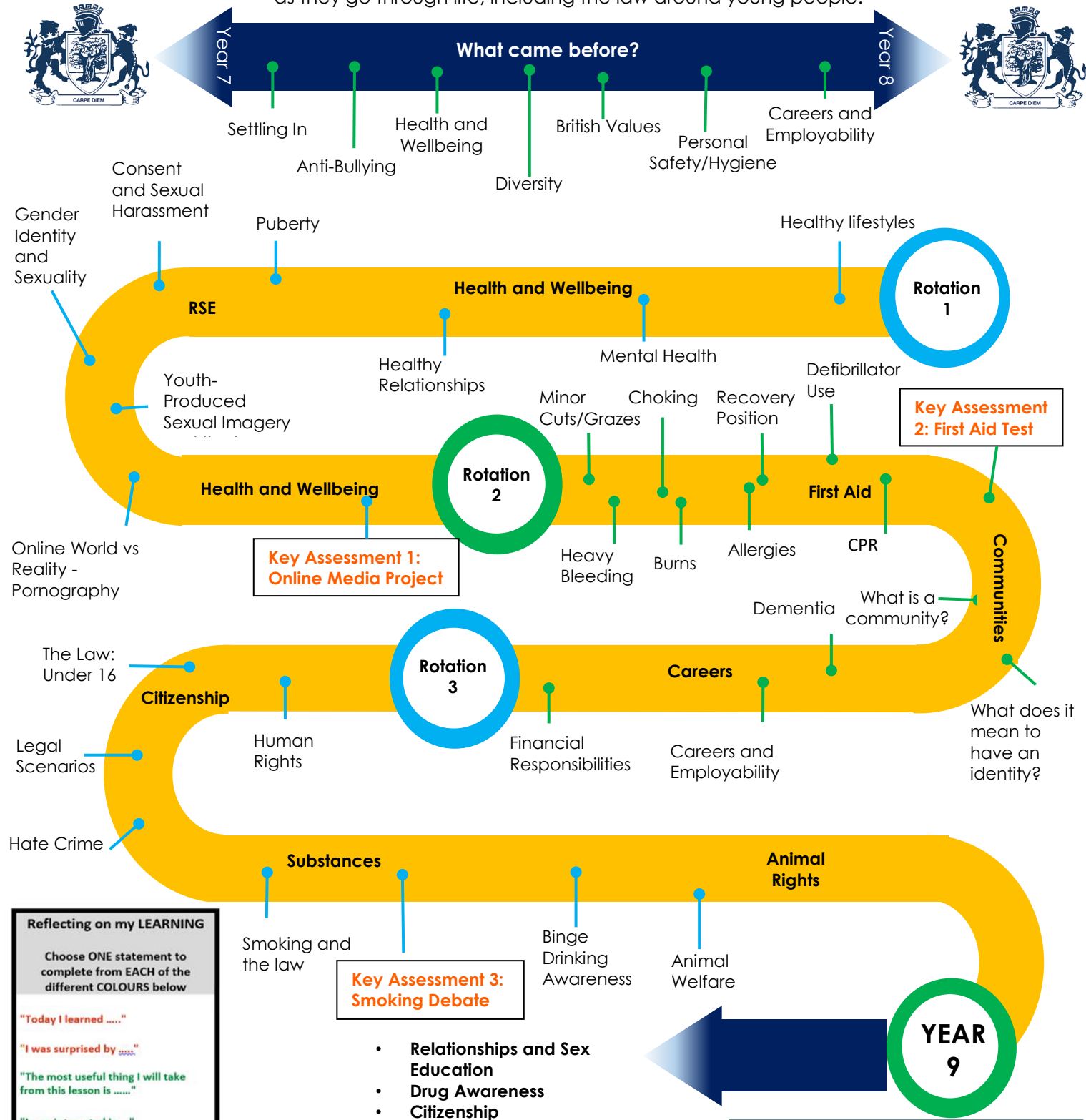


Year 8 PSHE

What are the aims of Year 8 PSHE?

- To understand key aspects of healthy lifestyles, including relationships.
- To develop an understanding of how puberty, consent and Youth-produced Sexual Imagery can have an impact on individuals.
- To develop first aid skills and reflect on how these will help individuals to be well-rounded and skilled individuals.
- To understand their rights and responsibilities as young people and how these develop as they go through life, including the law around young people.



Reflecting on my LEARNING

Choose ONE statement to complete from EACH of the different COLOURS below

"Today I learned"

"I was surprised by"

"The most useful thing I will take from this lesson is"

"I was interested in ..."

"What I liked most about the lesson was ..."

"One thing I am not sure about is ..."

"The main thing I want to find out more about is ..."

"After this lesson I feel ..."

"I might have got more from this lesson if ..."



Enrichment in Year 8 PSHE

- Step into the NHS Careers Competition
- World Book Day Work
- Emotional Health and Wellbeing Week
- Think CAREers workshop

Key Skills: • Reflection • Evaluation • Tolerance • Debate